



"The Time Out"



Water Polo Queensland News – May 2009 edition 28

Welcome to another edition of *"The Time Out"*. The Time Out is Water Polo Queensland's electronic newsletter and endeavours to keep everyone up to date on what has been happening in Water Polo in Queensland.

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News from the Office

Things have just settled from the 16 and Under State Championships and we now have a little time before the next lot of State Teams depart for Nationals or New Zealand. Since our last edition our 18 and under State teams competed in the Nationals, our Qld Country Men's and Women's teams competed at the Australian Country Championships and the regular season of the National League has finished. We wish the KFC Breakers Men's and the Barracudas Women's team all the very best for the NWPL finals which started on the 12th May in Sydney.

Our casual development officers have finished term 1 visits and planning and recruitment has already started for term 4 this year for more visits to schools and more promotion of the sport. More about this later in the edition.

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Development Officer News

As mentioned earlier the development officer visits for terms 4 (last year) and term 1 this year have finished up. In total QWPI visited and worked with almost 4000 primary school students. These coordinated visits are now in planning for later this year with the casual development officer program being expanded to all regions of Queensland after the successful trial on the Sunshine Coast.

Expression of interest applications will be sent out to all clubs and advertised on our web site in the coming months. If you are interested and want to know more about becoming a Casual Development officer contact Daniel Almond on Daniel@waterpoloqld.com.au

Flippa Ball – Manual and DVD

The new Flippa Ball manual and DVD is finally finished after months of work by Water Polo Queensland staff. The new resources are part of a new National push to increase the number of new players at younger age levels. A new web site is now being developed by AWPI where these Flippa Ball resources will be available free of charge to schools, clubs, coaches, players and parents. Water Polo Queensland would like to thank the support of the Queensland Government's Sport and Recreation Department for the grant to develop these resources. We would also like to acknowledge the support of Victorian Water Polo and Scott Schweickle from Australian Water Polo.



Copies of these resources have already been sent to all of the schools visited over the past 6 months. Any clubs who require a copy of the manual and DVD please contact Daniel at Water Polo Queensland.

In other news, plans are continuing with the creation of a 'Water Polo Queensland Coaching Forum' similar to the Queensland Government Sport and Recreation 'Locker Room' program. It is hoped that in the coming months Water Polo Queensland will be rolling out a fully integrated coaching development program covering all aspects of water polo coaching through a monthly forum / session / presentation. These forums will be a combination of theoretical and practical and it is also proposed to then download these forums to our You Tube website for the use of all coaches.

A state league proposal has been sent out for the thoughts and consideration of all clubs and associations and Water Polo Queensland are looking for feedback from all stakeholders as to the viability and also desire of clubs and association to create this new competition.

Plans are also underway to hold the first ever U12 water polo weekend. This will follow on from the 'Welcome to Water Polo' day that was held recently and with the positive feedback, it is proposed to now expand this and incorporate training sessions as well as games in this weekend. A proposal has previously been sent out but Water Polo Queensland are continuing dialogue with the clubs and associations to prepare this weekend and to ensure that this first point of competition is a fun and enjoyable experience for all.

Water Polo Queensland have also been providing feedback and assistance to a number of councils and their long term strategic sporting plans. With councils moving to secure their long term sporting visions, it is important that water polo remains a viable option in all areas with suitable aquatic



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facilities available for the participation within the sport.

Tournaments/Competition

18 and Under National Championships

The 18 and Under National Championships were held in Melbourne from the 13th – 19th of April. Our Women's Maroon team were defeated in the final by NSW 11-6 to claim silver, while our Men's Maroon team defeated NSW B 11-2 to claim the Bronze medal. A special mention to our Women's white team who finished 5th defeating Victoria in the playoff.

14 and Under Club Nationals

Congratulations to Sunshine Coast girls team for their Silver medal at the National 14 and Under Club Championships in Perth. The Sunshine Coast were the only team from Queensland competing at these championships.

Australian Country Championships

The Australian Country Championships were held in Canberra from the 4th – 9th May. Both our Men's and Women's team finished with the Bronze medal after defeating Victoria and ADF respectively.

Luke Ingwersen was named joint MVP at the tournament.

Luke Ingwersen, John Campbell and Kate Lawrence were selected in the Australian Country team to attend the Hawaiian Tournament in August. Trevor Southern, Bree Hoek, Jane Lawrence and Hayley Miller were named as reserves for the Australian Team.

16 and Under State Championships

The 16 State Championships were held on the Sunshine Coast from the 2nd – 4th May. A staggering 24 teams competed at this year's event which was staged at the Nambour and Noosa pools.

Sunshine Coast Girls team were crowned State Champions after finishing undefeated. They defeated All Hallows A in the final. Barracudas girls defeated All Hallows Development in the Bronze medal game.

Alstonville boys defeated Barracudas in the Boy's final in extra time. Warriors defeated Polo Bears in the boy's Bronze medal game.

Individual Award winners;

Girls MVP – Bronte Colenso

Boys MVP – Stewart Greenbank &
Bryce Woollett

Girls Encouragement – Emily Nielsen

Boys Encouragement – James Meurant



Rising Stars continue to work closely with Water Polo Queensland in organising State team travel both domestically and internationally. Rising Stars is a fully registered travel agent so if you are looking to book flights or accommodation do not hesitate to contact Rising Stars on (02) 8824-7000 and tell them Water Polo sent you.

Our People

Kate Gynther has been nominated for the Player of the Year and Jamie-Lee Lewis has been nominated for the Player of the Year with a disability award at the AWPI awards night to be held in Sydney on Friday 15th May.

This is the first year Australian Water Polo has conducted these awards and will include the launch of the AWPI Hall of Fame.

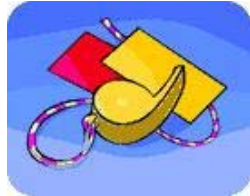


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Coaches and Referees



A big thank you to all of the Referees who assisted tirelessly throughout the 16 and Under State Championships. With seeding games a staggering 112 games were played in the 3 days.

Another big thank you goes out to Brad Lauder from the QWPRC for helping recruit and organise the Referee schedule for the weekend.

The QWPRC will be calling for interest from its members to referee at the East Coast Challenge in Sydney in July. The ECC will be held from the 10th – 13th July.

For more information or to express an interest in the above positions contact Brad Lauder on brad@bubhub.com.au

What's On

May

- NWPL Finals - Sydney 12th – 16th

July

- Northern University Games – Sunshine Coast 5th – 8th July
- East Coast Challenge – Sydney 11th – 13th July
- 16 and Under Tour New Zealand 5th – 12th July

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Sport and Recreation Queensland

Watch out for *True Sport Lives Here* promotional events within your club network.



True Sport Lives Here

For more information about the *True Sport Lives Here* resources, workshops, events and ambassadors, visit www.sportrec.qld.gov.au.

True Sport Lives Here is all about encouraging positive behaviour in junior sporting environments because children play sport to get active, be a part of a team, and most of all – to have fun!

What can the program do for you?

- **Education and training**
 - a one-stop-shop of practical resources and helpful links, available on CD and on the Departments website; and
 - a series of workshops across the State.
- A **three tiered ambassador** program including:
 - *High profile ambassadors* – to promote and deliver the True Sport messages throughout Queensland.
 - *True Sport 'Leaders'* – State sporting organisations who are implementing the True Sport principles within club networks; and
 - *Community ambassadors* – 'success' stories on how clubs have implemented strategies to encourage and reward positive behaviour in junior sporting environments.